

CRISP CHARLOTTE BAVAROISE

CLASSIC CAKE OF THE ITALIAN TRADITION WITH CRUNCHY INSERT

DIFFICULTY LEVEL B B







SPONGE CAKE

INGREDIENTS		PREPARATION
IRCA GENOISE	g 1000	Whisk all the ingredients in a planetary mixer for 10-12 minutes.
EGGS	g 700	Bake in buttered cake molds diameter 16 at 170 ° C for about 20 minutes.
WATER	g 100	

DECORATED SAVOIARDO BISQUIT

INGREDIENTS		PREPARATION
IRCA GENOISE	g 1000	Wipp in a planetary mixer with a whisk for 8-10 minutes at high speed.
EGGS	g 800	Using a pastry bag with a smooth nozzle number 9, form joined and parallel strips 5cm high along
TYPE 00 WHITE FLOUR	g 100	the entire length of the paper sheet.
		Sprinkle with fine granulated sugar and then powdered sugar.
		Bake in the oven for about 8 minutes at 200 °C.



CRUNCHY INSERT

INGREDIENTS PREPARATION

PRALIN DELICRISP CITRON MERINGUE

Melt the PRALIN DELICRISP in the microwave and spread it between two sheets of baking paper

forming a layer of about 2 mm.

Chill in the refrigerator for at least 1 hour.

Cut 16 cm diameter discs and keep them in the freezer until the cake is assembled.

CRÈME ANGLAISE

INCDEDIENTO

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EGG YOLKS	g 20	In the microwave or in a pot, bring the milk and cream to the boil, mix the egg yolk and sugar in a
CASTER SUGAR	g 10	separate bowl.
FULL-FAT MILK (3,5% FAT)	g 140	Once it reaches the boil, add the yolk and sugar mixture to the milk and cream.
		Continue to cook, stirring occasionally, until it reaches 82 °C.

DREDARATION

Cool down.

BAVAROISE

INGREDIENTS		PREPARATION
CREME ANGLAISE	g 210	Add the Lilly to the hot crème anglaise and mix well.
LILLY NEUTRO	g 40	Add Chococream Pasticcera, mix and gently add the mixture to the whipped cream.
CHOCOCREAM PASTICCERA	g 195	
LIQUID CREAM 35% FAT	g 250	



INGREDIENTS	PREPARATION
WATER g 25	Bring the water and sugar to a boil, once cooled add the Joypaste Vanilla Bourbon Madagascar.
CASTER SUGAR g 25	0
g 20	

FINAL COMPOSITION

Arrange the decorated Savoiardo biscuit in a ring 5 cm high and 16 cm in diameter.

Place a disc of sponge cake soaked in vanilla syrup on the bottom.

Insert a disc of Pralin Delicrisp.

Pour in about 1.5 cm of vanilla Bavarioise cream.

Insert another disc of sponge cake soaked in vanilla syrup and another disc of Pralin Delicrisp.

Pour more Bavaroise cream to the edge of the cake.

Put in a positive blast chiller until completely stabilized and place a selection of berries fruits of your choice on the surface.

Decorate with some DAISY DOBLA flowers.



RECIPE CREATED FOR YOU BY ANTONIO LOSITO

PASTRY CHEF AND GELATO MAKER

