

# CARAMEL ORO CHOCOLATE MOUSSE MADE WITH EGG WHITES

## CHOCOLATE MOUSSE IDEAL TO FILL CREAMY DESSERTS.

DIFFICULTY LEVEL







### CARAMEL ORO CHOCOLATE MOUSSE MADE WITH EGG WHITES

#### **INGREDIENTS**

SINFONIA CARAMEL ORO	g 360
LIQUID CREAM 35% FAT	g 160
LILLY NEUTRO	g 45
PASTEURIZED YOLK	g 60
EGG WHITES	g 200
CASTER SUGAR	g 30

### **FINAL COMPOSITION**

- -Bring the cream to a boil, add LILLY NEUTRO and mix with whisk.
- -Melt the chocolate at 35°C and add it to the cream, mix with hand blender.
- -Add the pasteurized yolk and mix.
- -Whip the pasteurized egg whites with the sugar.
- -When the ganache has reached a temperature of about 35°C, incorporate gradually the egg whites mixing gently.
- -Store it in a refrigerator.





RECIPE CREATED FOR YOU BY MARCO DE GRADA

PASTRY CHEF, CHOCOLATIER AND BAKER

