

# **CARBONARA BRAIDS**

## **PUFF PASTRY**

INGREDIENTS		PREPARATION
GRANSFOGLIA	Kg 1	mix gran sfoglia with cold water, roll out and leave to rest covered in the fridge for at least 4 hours.
WATER - COLD	g 480	flake with the butter into plates and, alternating rests of 1 hour, fold 4 by 4.
	g 700	roll out to about 3mm and use to insert the filling, cut, and cook at 180 degrees for about 20 minutes.

## SHEET DOUGH

INGREDIENTS		PREPARATION
PANDORA SALATA	Kg 1	Mix salted pandora with yeast and cold water until you obtain a smooth dough
FRESH YEAST	g 60	spread out on a baking tray, cover and blast chill, leaving to rest in the fridge
WATER - COLD	g 450	insert the already formed puff pastry block (750g) and give a 3 and a 4 fold,
- PUFF PASTRY ALREADY DONE	g 750	let it rest for a couple of hours and roll out to 3 mm
		create strips: approximately 3cm x 8cm, cut inside and create braids.
		leave to rise at 28 degrees for approximately 2 hours.
		cook at 170 degrees for approximately 15 minutes



### **CARBONARA CREAM**

INGREDIENTS	PREPARATION	
CREMA SNACK	g 50 Whip up the snack cream with milk and cream, then add the other ingredients	
FRESH FULL-FAT MILK (3,5% FAT)	g 100 place some cooked braids in the upper part, with additional parmesan and crispy bacon	n
LIQUID CREAM	g 100	
PASTEURIZED YOLK	g 20	
- PARMIGIANO	g 20	
SALT - NUTMEG, PEPPER	To Taste	

### FINAL COMPOSITION

decorate the braids with the cream in the centre, and add the crispy bacon together with further cheese and pepper



## RECIPE CREATED FOR YOU BY CIRO CHIUMMO

PASTRY CHEF

## AMBASSADOR'S TIPS

TO COMBINE WITH THE RAVIFRUIT WHITE PEACH COCKTAIL: 60ML RAVIFRUIT WHITE PEACH PUREA, 30ML ORANGE JUICE, 10ML LIQUID SUGAR, TONIC

