



## FRUIT ICE CREAM WITH JOYBASE SUPERFRUTTA 50

### RECIPE TO MAKE A FRUIT ICE-CREAM

DIFFICULTY LEVEL



#### FRUIT ICE CREAM WITH JOYPASTE

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##### INGREDIENTS

WATER	g 1000
SUGAR	g 270
JOYBASE SUPERFRUTTA 50	g 50-60
JOYPASTE IN THE CHOSEN FRUIT	g 100

##### PREPARATION

- Dry mix JOYBASE SUPERFRUTTA 50 and sugar.
- Add all other ingredients and mix them with an immersion blender.
- Let the mixture rest for about 15 minutes and then whisk.

#### STEP 2

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##### PREPARATION

##### TO MAKE YOUR FRUIT ICE CREAMS

You can make your fruit ice creams using:

- only our JOYPASTE (without using any fruit) as shown in this recipe
- our JOYPASTE with fruit pulp or puree
- only fruit, pulp or puree

Download the PDF of the recipe where you will find ingredients and balancing to make fruit ice creams for all tastes.

Discover our range of [flavouring pastes JOYPASTE](#)

**AMBASSADOR'S TIPS**

To subtract the same amount of sugar in the recipe, use fruit purée only with 10% of sugar.

# Fruit ice-creams with Joybase Superfrutta 50 - Recipe with JOYPASTE

Fruit	Water	Milk	Sugar	JoyBase Superfrutta 50	Joypaste	Lemon juice	Joyplus Prosoft	TOTAL WEIGHT
Apricot	1000	0	270	50	100	0	0	1420
Sour cherry	1000	0	270	50	100	0	0	1420
Pineapple	1000	0	270	50	100	0	0	1420
Watermelon	1000	0	270	50	100	0	0	1420
Orange	1000	0	270	60	100	0	0	1430
Sicily red orange	1000	0	270	60	100	0	0	1430
Banana	500	500	240	50	100	10	0	1400
Blackcurrant	1000	0	270	50	100	0	0	1420
Strawberry	1000	0	270	50	100	0	0	1420
Wildberries	1000	0	270	50	100	0	0	1420
Kiwi	1000	0	270	50	100	0	0	1420
Raspberry	1000	0	270	50	100	0	0	1420
Lime	1000	0	270	60	100	0	0	1430
Lemon	1000	0	270	60	100	0	0	1430
Tangerine	1000	0	270	60	100	0	0	1430
Mango	1000	0	270	50	100	0	0	1420
Green apple	1000	0	270	50	100	0	0	1420
Melon	1000	0	270	50	100	0	0	1420
Blueberry	1000	0	270	50	100	0	0	1420
Blackberry	1000	0	270	50	100	0	0	1420
Passion Fruit	1000	0	270	50	100	0	0	1420
Pear	1000	0	270	50	100	0	0	1420
Peach	1000	0	270	50	100	0	0	1420
Pink grapefruit	1000	0	270	60	100	0	0	1430

# Fruit ice-creams with Joybase Superfrutta 50 - Recipe with JOYPASTE and fresh fruit

Fruit	Fresh fruit	Water	Milk	Sugar	JoyBase Superfrutta 50	Joyplus Prosoft	Joypaste	Lemon juice	TOTAL WEIGHT
Apricot	400	600	0	235	50	0	50	5	1340
Sour cherry	400	600	0	250	50	0	50	0	1350
Pineapple	400	600	0	225	50	0	50	5	1330
Watermelon	1000	0	0	230	50	0	50	0	1330
Orange	500	500	0	220	55-60	0	50	5	1275
Sicily red orange	500	500	0	220	55-60	0	50	5	1275
Banana	400	400	200	210	50	0	50	10	1320
Blackcurrant	400	600	0	245	50	0	50	5	1350
Strawberry	400	600	0	245	50	0	50	5	1350
Wildberries	400	600	0	245	50	0	50	5	1350
Kiwi	400	600	0	240	50	0	50	5	1345
Raspberry	400	600	0	240	50	0	50	5	1345
Lime	200	800	0	275	55-60	0	50	0	1325
Lemon	200	800	0	275	55-60	0	50	0	1325
Tangerine	500	500	0	205	55-60	0	50	5	1260
Mango	400	600	0	220	50	0	50	5	1325
Green apple	400	600	0	285	50-55	0	50	10	1345
Melon	400	600	0	230	50	0	50	5	1335
Blueberry	400	600	0	250	50	0	50	5	1355
Blackberry	400	500	0	250	50	0	50	5	1255
Passion Fruit	400	600	0	240	50	0	50	0	1340
Pear	400	600	0	235	50	0	50	10	1345
Peach	400	600	0	250	50	0	50	5	1355
Pink grapefruit	500	500	0	230	50-55	0	50	5	1285

# Fruit ice-creams with Joybase Superfrutta 50 - Recipe with only fresh fruit

Fruit	Fresh fruit	Water	Milk	Sugar	JoyBase Superfrutta 50	Joyplus Prosoft	Lemon juice	TOTAL WEIGHT
Apricot	500	500	0	240	50	0	5	1295
Sour cherry	550	450	0	250	50	0	5	1305
Pineapple	500	500	0	235	50	0	5	1290
Watermelon	1000	0	0	240	55	0	0	1295
Orange	600	400	0	240	55	0	10	1305
Sicily red orange	600	400	0	240	55	0	10	1305
Banana	500	300	200	220	50	0	15	1285
Blackcurrant	550	450	0	250	50	0	5	1305
Strawberry	550	450	0	250	50	0	5	1305
Wildberries	500	500	0	250	50	0	10	1310
Kiwi	550	450	0	250	50	0	5	1305
Raspberry	500	500	0	250	50	0	10	1310
Lime	300	700	0	290	55-60	0	0	1290
Lemon	300	700	0	290	55-60	0	0	1290
Tangerine	600	400	0	230	55-60	0	10	1240
Mango	500	500	0	220	50	0	5	1275
Green apple	600	400	0	295	55	0	10	1360
Melon	650	350	0	220	50	0	5	1275
Blueberry	500	500	0	250	50	0	10	1310
Blackberry	500	500	0	250	50	0	10	1310
Passion Fruit	550	450	0	245	50	0	0	1295
Pear	550	450	0	240	50	0	10	1300
Peach	550	450	0	240	50	0	5	1295
Pink grapefruit	600	400	0	240	55-60	0	10	1250