



GLUTEN FREE DOUBLE DOUGH BREAD

GLUTEN FREE BREAD WITH LONG FERMENTATION

DIFFICULTY LEVEL



FIRST DOUGH

INGREDIENTS

PANE PIZZA & FOCACCIA GLUTEN FREE

g 400

CORN FLOUR

g 100

WATER

g 1000

YEAST

g 20

PREPARATION

-Knead in a planetary for 2 minutes at low speed. Add water in more than once.

-Place in a big bowl and then cover it. Refrigerate for 12-14 hours.

SECOND DOUGH

INGREDIENTS

PANE PIZZA & FOCACCIA GLUTEN FREE

g 500

CORN FLOUR

g 100

SALT

g 30

PREPARATION

-In a planetary mixer fitted with paddle, mix the first risen dough together with all the ingredients at medium speed for 5 minutes.

-Sprinkle with the mix or with rice, buckwheat or corn flour covering the entire surface. Roll out the dough creating a 30x40 rectangle.

-Let it rest for 5-10 minutes at room temperature.

-Break the dough into rectangles (5x10 cm) with a weight of 100gr and place them over a cloth covered with corn flour or directly over a tray covered with parchment paper.

-Let it rise for 2 hours in the proofer room at 30°C with relative humidity of about 70%.

-Flip the loaves and place them over a tray.

-Bake with plenty of steam at 220-230°C for 25 minutes.

ADVICE: It's possible to replace corn flour with buckwheat, amaranth or any other gluten free

flour.