

PETIT GATEAUX: SAINT HONORE

RE-INVENTING A CLASSIC INTO A SINGLE SERVE

DIFFICULTY LEVEL B B







SHORTCRUST

INGREDIENTS		PREPARATION
TOP FROLLA	g 1000	Mix all ingredients in a planetary mixer equipped with paddle at medium speed until a homogeneous
UNSALTED BUTTER 82% FAT	g 350	mass is obtained.
SUGAR	g 120	Let the pastry rest in the refrigerator for a couple of hours.
EGGS	g 150	Roll out the pastry to a thickness of 3mm, make tartellettes of 8 cm in diameter and bake at 165C $^{\circ}$
		for 12-15min.

CHOCOLATE CUSTARD CREAM

INGREDIENTS		PREPARATION
MILK 3.5% FAT - BOILING	g 1000	Mix together sugar, Sovrana and egg yolk.
SUGAR	g 180	Add everything to the milk and finish cooking.
EGG YOLK	g 200	Add the chocolate, mix well and blast-chill at 4°C.
SOVRANA	g 40	
SINFONIA CIOCCOLATO FONDENTE 56%	g 400	



SPONGE ROLLÈ

INGREDIENTS		PREPARATION
IRCA GENOISE	g 1000	Whip all the ingredients in a planetary mixer for 10-12 minutes with a medium-high speed.
EGGS - AT ROOM TEMPERATURE	g 1200	Evenly spread the whipped dough on sheets of parchment paper to a thickness of half a centimeter.
HONEY	g 100	Cook for about 8 minutes at 200-220 ° C with the valve closed.
		Refrigerate once cooked.

WHITE CHOCOLATE NAMELAKA

INGREDIENTS		PREPARATION
MILK 3.5% FAT	g 500	Bring milk and GLUCOSE to the boil, add LILLY and blend with a whisk.
GLUCOSIO	g 20	Pour the liquid onto the chocolate and emulsify with an immersion blender,
SINFONIA CIOCCOLATO BIANCO	g 680	While emulsifying add liquid cream.
LIQUID CREAM 35% FAT	g 400	When the cream is fully emulsified, refrigerate the namelaka overnight.
LILLY NEUTRO	g 80	

CHOUX

INGREDIENTS		PREPARATION
DELI CHOUX	g 500	Mix all the ingredients in a planetary mixer with the paddle attachment at medium speed for 10-15
WATER - 50-55°C	g 720	minutes.
		Let the the dough rest for about 5 minutes, then trasfer it into a pastry bag with a round noozle and
		pipe some choux with about 1 cm diameter onto baking trays lined with parchment paper.
		Bake at 180-190°C for 10-15 minutes.



FINAL COMPOSITION

Fill the bottom of the tartlet with a layer of chocolate custard and close the top with a disc of rollé.

Whip the namelaka in a planetary mixer with paddle at medium speed for about 5 min.

Decorate the cake with namelaka tufts.

Fill the choux with the chocolate custard and decorate the surface of the cake.

Decorate with BRONZE CRUMBLE DOBLA.



RECIPE CREATED FOR YOU BY FEDERICO VEDANI

CHOCOLATIER AND PASTRY CHEF