

FRENCH-STYLE BUTTER CROISSANTS (CROISMART)

LEAVENED PRODUCTS FOR BREAKFAST

DIFFICULTY LEVEL B B B





CROISSANT DOUGH

INGREDIENTS		PREPARATION
CROISMART	g 1000	Knead CROISMART, milk, yeast and half dose of water in a kneading machine.
FRESH YEAST	g 20-40	While kneading, add the remaining water in 2-3 times, until the water is completely absorbed
WATER - COLD (5-10°C)	g 350-400	and the dough is velvet smooth.
FULL-FAT MILK (3,5% FAT)	g 100	Let the dough rest for 3 hours in the fridge.

LAMINATED DOUGH

PREPARATION INGREDIENTS

g 400 LAMINATED BUTTER Roll out the dough into a rectangular layer, lay the laminated butter onto a half and fold so that the other half cover the first and the sheet of butter is completely enclosed in the dough. Seal the

edges well.

Roll out in order to shape the dough into a rectangle and make a 4-layer fold, let the dough rest

for at least 15 minutes, then roll out again and make another 4-layer fold.

Let the laminated dough rest in the fridge for another 15 minutes before working it.



FINISHING

INGREDIENTS

EGGS To Taste

SUGAR SYRUP

INGREDIENTS		PREPARATION
CASTER SUGAR	g 300	Bring water and sugar to boil on a stove.
WATER	g 200	Keep on boiling for one minute, then remove from heat.

FINAL COMPOSITION

Remove the laminated dough from the fridge and roll it out to 4 mm.

Cut the dough into triangles of the desidered weight, roll them up well tight, from the base up, and bend the tips in order to give them a crescent shape.

Place them onto trays and store into the proofer room at 24-26°C with relative humidity of the 70%.

When risen, brush the croissants with beaten egg and bake in a deck oven at 180-200°C for 17-20 minutes.

Out of the oven, brush the warm croissant with the hot sugar syrup to enrich them with shiny gloss and extra taste.

