



## RUSTIC BREADSTICKS

### SAVOURY LEAVENED PRODUCTS

DIFFICULTY LEVEL



#### DOUGH

---

##### INGREDIENTS

GRAN RUSTICO  
WATER  
FRESH YEAST  
OLIVE OIL

Kg 5  
Kg 2.5  
g 175  
g 200

##### PREPARATION

Knead all the ingredients for about 15 minutes.  
Shape the dough into a long loaf, cover it and let rise for 15-20 minutes at 28-30°C.

##### FINAL COMPOSITION

Cut the dough into strips and stretch each strip with your hands to shape a breadstick.

Place the breadstick onto a tray and let rise for about 30 minutes at 28-30°C.

Bake at 220-230°C.