



LAVENDER

SINGLE-PORTION WITH A FLOREAL FLAVOUR

DIFFICULTY LEVEL



FRUIT JELLY

INGREDIENTS

LILLY NEUTRO
FRUTTIDOR MIRTILLO - AT ROOM TEMPERATURE
WATER - LUKEWARM

g 100
g 400
g 100

PREPARATION

Dissolve LILLY into water.
Combine to FRUTTIDOR.
Pour into a silicone mould for inserts and freeze.

LAVENDER MOUSSE

INGREDIENTS

LILLY NEUTRO
DRIED LAVENDER FLOWERS
WATER
LIQUID CREAM 35% FAT - LIGHTLY WHIPPED

g 200
g 15
g 300
g 1000

PREPARATION

Steep the lavender flowers in the water overnight.
Sieve the brew and combine to LILLY.
Gently combine to the lightly whipped cream to create a soft mousse.

LILAC FROST

INGREDIENTS

MIRROR CIOCCOLATO BIANCO - HEATED TO 45°C
FOOD COLOURANT - WATER-SOLUBLE, LILAC

To Taste
To Taste

PREPARATION

Combine the two ingredients without incorporating air.

FINAL COMPOSITION

Half-fill the silicone mould with the mousse and insert the frozen jelly, then spread another veil of mousse and cover with a layer of rollè.

Put in the blast chiller until frozen.

Remove from mould and glaze with the coloured MIRROR.

Place onto support made of shorcrust pastry and decorate as you like.



RECIPE CREATED FOR YOU BY MATTEO REGHENZANI

PASTRY CHEF