



FRUIT SMOOTHIES

GUSTI: MANGO E TROPICALE

INGREDIENTS

WATER	g 1.000
FRUTTIDOR MANGO	g 1.000
SUCROSE	g 100

PREPARATION

FRUIT SMOOTHIES WITH FRUTTIDOR AND MILK

GUSTI: CILIEGIA, AMARENA, FRAGOLA, ARANCIA, ALBICOCCA, FRUTTI DI BOSCO, LAMPONE, MIRTILLO, PESCA

INGREDIENTS

WATER	g 1.000
FRUTTIDOR CILIEGIA	g 1.000
SUCROSE	g 150

PREPARATION

FRUIT SMOOTHIES WITH FRUTTIDOR AND MILK

GUSTI: PERA E MELA

INGREDIENTS

WATER	g 1.000
FRUTTIDOR PERA	g 1.000
SUCROSE	g 250

PREPARATION

FRUIT SMOOTHIES WITH FRUTTIDOR AND MILK

GUSTI: MANGO, TROPICALE CILIEGIA, AMARENA, FRAGOLA, ARANCIA, ALBICOCCA, FRUTTI DI BOSCO, LAMPONE, MIRTILLO, PESCA

INGREDIENTS

MILK 3.5% FAT	g 1.000
FRUTTIDOR MANGO	g 1.000
SUCROSE	g 100

PREPARATION

FRUIT SMOOTHIES WITH FRUTTIDOR AND MILK

GUSTI: PERA E MELA

INGREDIENTS

MILK 3.5% FAT	g 1.000
FRUTTIDOR PERA	g 1.000
SUCROSE	g 200

PREPARATION

FRUIT SMOOTHIES WITH FRUTTIDOR AND MILK

GUSTI: MANGO, TROPICALE CILIEGIA, AMARENA, FRAGOLA, ARANCIA, ALBICOCCA, FRUTTI DI BOSCO, LAMPONE, MIRTILLO, PESCA

INGREDIENTS

MILK 3.5% FAT	g 500
FRUTTIDOR MANGO	g 1.000
SUCROSE	g 150
LOW-FAT YOGURT	g 500

PREPARATION

FRUIT SMOOTHIES WITH FRUTTIDOR AND MILK

GUSTI: PERA E MELA

INGREDIENTS

MILK 3.5% FAT	g 500
FRUTTIDOR PERA	g 1.000
SUCROSE	g 220
LOW-FAT YOGURT	g 500

PREPARATION

FRUIT SMOOTHIES WITH FRUTTIDOR AND MILK



RECIPE CREATED FOR YOU BY MARCO DE GRADA

PASTRY CHEF, CHOCOLATIER AND BAKER