



## FRUIT SMOOTHIES

### GUSTI: MANGO E TROPICALE

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#### INGREDIENTS

WATER	g 1.000
FRUTTIDOR MANGO	g 1.000
SUCROSE	g 100

#### PREPARATION

FRUIT SMOOTHIES WITH FRUTTIDOR AND MILK

### GUSTI: CILIEGIA, AMARENA, FRAGOLA, ARANCIA, ALBICOCCA, FRUTTI DI BOSCO, LAMPONE, MIRTILLO, PESCA

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#### INGREDIENTS

WATER	g 1.000
FRUTTIDOR CILIEGIA	g 1.000
SUCROSE	g 150

#### PREPARATION

FRUIT SMOOTHIES WITH FRUTTIDOR AND MILK

### GUSTI: PERA E MELA

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#### INGREDIENTS

WATER	g 1.000
FRUTTIDOR PERA	g 1.000
SUCROSE	g 250

#### PREPARATION

FRUIT SMOOTHIES WITH FRUTTIDOR AND MILK

**GUSTI: MANGO, TROPICALE CILIEGIA, AMARENA, FRAGOLA, ARANCIA, ALBICOCCA, FRUTTI DI BOSCO, LAMPONE, MIRTILLO, PESCA**

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**INGREDIENTS**

MILK 3.5% FAT	g 1.000
FRUTTIDOR MANGO	g 1.000
SUCROSE	g 100

**PREPARATION**

FRUIT SMOOTHIES WITH FRUTTIDOR AND MILK

**GUSTI: PERA E MELA**

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**INGREDIENTS**

MILK 3.5% FAT	g 1.000
FRUTTIDOR PERA	g 1.000
SUCROSE	g 200

**PREPARATION**

FRUIT SMOOTHIES WITH FRUTTIDOR AND MILK

**GUSTI: MANGO, TROPICALE CILIEGIA, AMARENA, FRAGOLA, ARANCIA, ALBICOCCA, FRUTTI DI BOSCO, LAMPONE, MIRTILLO, PESCA**

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**INGREDIENTS**

MILK 3.5% FAT	g 500
FRUTTIDOR MANGO	g 1.000
SUCROSE	g 150
LOW-FAT YOGURT	g 500

**PREPARATION**

FRUIT SMOOTHIES WITH FRUTTIDOR AND MILK

**GUSTI: PERA E MELA**

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**INGREDIENTS**

MILK 3.5% FAT	g 500
FRUTTIDOR PERA	g 1.000
SUCROSE	g 220
LOW-FAT YOGURT	g 500

**PREPARATION**

FRUIT SMOOTHIES WITH FRUTTIDOR AND MILK



**RECIPE CREATED FOR YOU BY MARCO DE GRADA**

PASTRY CHEF, CHOCOLATIER AND BAKER