

# **HIGH-PROTEIN BARS**

### SNACK MADE FROM HIGH-PROTEIN FLOUR

DIFFICULTY LEVEL







#### **DOUGH FOR HIGH-PROTEIN BAR**

INGREDIENTS		PREP/
AMAVITA	g 1.200	Add
AMAVITA DECO'	g 300	The
UNREFINED CANE SUGAR	g 300	
GRANELLA DI NOCCIOLA	g 180	
CANDIED ORANGE	g 300	
GLUCOSIO	g 300	
RAISINS	g 350	
PEPITA FONDENTE 1800	g 300	
WATER	g 480	

#### **PREPARATION**

dd all the dry ingredients in a planetary mixer and mix them at low speed for 2 minutes.

nen, add water, GLUCOSIO and blend until well combined.

#### FINAL COMPOSITION

Cast in a 60x40cm baking tray lined with parchment paper.

Use a spatula to smooth out.

Bake at 170°C for 20-25 minutes.

When cooked, let it cool down until lukewarm and cut into 6x3 cm bars.





## RECIPE CREATED FOR YOU BY **FEDERICO VEDANI**

CHOCOLATIER AND PASTRY CHEF

### AMBASSADOR'S TIPS

Once cold, these snack bars can be frosted with chocolate compounds from NOBEL product line and nuts.

