

TROPITART

TROPICAL MIGNON TARTLET

DIFFICULTY LEVEL B





SHORTCRUST PASTRY

INGREDIENTS		PREPARATION
TOP FROLLA	g 1000	Knead all the ingredients in a planetary mixer with the paddle attachment until well combined.
UNSALTED BUTTER 82% FAT	g 350	Let the dough rest in the fridge for at least 1 hour.
SUGAR	g 120	Roll the dough out to 3mm and use it to line some moulds for mignon tartlet bases.
EGGS	g 150	Bake at 180°C for about 12 minutes.
		Let cool down.

TROPICAL JELLY

INGREDIENTS		PREPARATION
FRUTTIDOR TROPICAL - BLENDED AND HEATED TO 40°C	g 200	Mix all the ingredients with a whisk.
WATER	g 40	Use the mixture to fill the half-sphere silicone moulds for mignon pastry and freeze.
LILLY NEUTRO	g 40	

FILLING

INGREDIENTS

To Taste TOFFEE D'OR CARAMEL



COATING AND DECORATION

INGREDIENTS

BLITZ ICE TOP - HEATED TO 30°C

GRATED COCONUT

To Taste

FINAL COMPOSITION

Fill the bottom of the tartlets with TOFFEE D'OR CRAMEL.

Brush the jelly domes with BLITZ.

Place the domes onto the tartlets and sprinkle the top with the grated coconut.

