

CHOCOCARAMEL

MODERN SINGLE-PORTION WITH CHOCOLATE AND CARAMEL

DIFFICULTY LEVEL

CARAMEL BISQUIT		
INGREDIENTS		PREPARATION
EGGS	g 600	In the planetary, whip all the ingredients together for 8-10 minutes at high speed.
		Spread the batter on a sheet of baking paper an bake for about 8 minutes at 220-230°C with closed
		valve.
TOFFEE JELLY		
INGREDIENTS		PREPARATION
WATER	g 250	Add LILLY NEUTRO, TOFFEE D'OR CARAMEL and water, then emulsify.
		Fill the silicone mould for inserts and freeze.

INGREDIENTS		PREPARATION
LIQUID CREAM 35% FAT	g 300	Emulsify liquid cream and chocolate in order to prepare a ganache.
LIQUID CREAM 35% FAT	g 700	Whip the liquid cream with water and LILLY NEUTRO, then add it to the ganache while stirring
WATER	g 70	gently.

FINAL COMPOSITION



Half-fill the silicone mould with the chocolate mousse, then place the frozen jellified insert; cover with other mousse and close with a layer of bisquit.

Put it in the blast chiller and leave until it is completely frozen.

Remove from the mould, cover with MIRROR CARAMEL and BLITZ ICE GLITTER GOLD (70-30) heated at 55°C.

Dress the top of the single-portion with a spiral of well firm caramel mousse and a SPEAR DARK DOBLA.



RECIPE CREATED FOR YOU BY FEDERICO VEDANI

CHOCOLATIER AND PASTRY CHEF

