



VEGANELENA

SIMPLE YET DELICIOUS VEGAN TART

DIFFICULTY LEVEL



VEGAN SHORTCRUST

INGREDIENTS

FLOUR - ALL PURPOSE	g 220
CORNSTARCH	g 50
SUGAR	g 90
VIGOR BAKING	g 6
SEED OIL	g 70
PLANT BASED MILK - SOY	g 70

PREPARATION

Mix all the ingredients in a planetary mixer with paddle until a homogeneous consistency is obtained.
Cool in the refrigerator for an hour, roll to 3mm thickness and fill the small tart molds.

WHIPPED GANACHE

INGREDIENTS

100% VEGETABLE CREAM - BOILING	g 80
SINFONIA VEGAN M'LK DF	g 120
100% VEGETABLE CREAM - COLD	g 200

PREPARATION

Emulsify the hot cream with the chocolate.
While emulsifying add the cold cream.
Refrigerate for 4 hours

PEAR FILLING

INGREDIENTS

FRUTTIDOR PERA	To Taste
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VEGAN MILK MOUSSE

INGREDIENTS

100% VEGETABLE CREAM	g 190
CIOCCOLATO VEGAN DF - MELTED AT 45°C	g 190
100% VEGETABLE CREAM - LIGHTLY WHIPPED	g 200

PREPARATION

Emulsify cream and chocolate to obtain a ganache.
Gently combine the lightlywhipped cream with the ganache to obtain a soft mousse.

GLAZING

INGREDIENTS

MIRROR AMARENA - HEATED AT 45°C	To Taste
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FINAL COMPOSITION

Fill halfway the tarts with the FRUTTIDOR, bake at 180°C for about 12 minutes.

Whip the ganache in the planetary mixer with a whisk at medium speed until a fluffy consistency is obtained.

Unmould the tartlets and decorate with the whipped ganache.



RECIPE CREATED FOR YOU BY FEDERICO VEDANI

CHOCOLATIER AND PASTRY CHEF